

Floyd Yoga Jam 2017 Schedule:



Saturday 9/2 Schedule

Brahma Nirvana- tent located in Bliss Land

7:30-am-8:30am Nada Yoga “ Ecstatic Sound Space” Jagadisha *
9--10:30am "Yoga for Dudes" Bart Westdorp
11-12noon Break Dancers workshop & performance with Queen City Bittys
12-1pm Free Time
1-3pm "THE YOGA OF LOVE AND THE POWER OF CHANT Workshop" David Newman (Durga Das)*
3:30-5:30 " Enter the House of Yoga" Yogi J Miles
6-7:15pm "Live music vinyasa flow experience" Drishti Beats
7:30--9pm Interweave Conscious Dance® Katie Wells *
9:30-10:30pm Kirtan Concert Bhakti Kulani
12-1am "Galactic Sound Bath Connection" with Brien Egan

Buddha Moon- tent located in Bliss Land

7am-8am "Passage Meditation" Joe Klein
8:30-10:30am "Embrace Your Yoga Geek" Iyengar Yoga Shaaron Honeycutt
10:45-12pm "Dharma Yoga" Nicole Fitzwater
12-1pm Free Time
1-3pm "Prana-The Body Electric" Katie Silcox
3:30-5:30pm "Take it Easy" Jivamukti Andrea Boyd
6-7:30pm "Grit with a side of Grace" Nitika Achalam
8-9pm "Kirtan Concert" Flavia Krishna & Gershone

Shiva Love- tent located in Bliss Land

7-8am "Seeking the Light Within" Vipasana with Thais *
8:30-10am "EXPERIENCING INNER PEACE THROUGH HATHA YOGA" Krishna Jo
10:30-12noon "Kriya Vinyasa Flow" Jill Loftis
12-1pm Free Time
1-2:30pm "Fluid Power: The Ninja Training Ground" HawaH
3-5pm "Release and heal with therapeutic flying" Kaelyn Rogers
5:30-7:30 "Shifting Back To Truth a Prana Vinyasa practice" Twee Merrigan
7-8:15pm "Dark Wave Yoga Does Stranger Things" Eric & Erin Wheeler *

Ganesha- tent located in Bliss Land

7-8am "Instill Meditation" Tommy Bailey *
8:15-8:45 "Morning Hoop Session" Yamni Arts *
9-10:30am "Way of the Happy Hips" Ariele Foster
11-12pm "Yoga Fun for Everyone" Carolyn Sellers *
12-1pm Free Time
1-2:15pm "Southern Comfort Yoga" Alec Abbott*

2:30-3:45pm "Yin-Yasa" Shelly Bullock*
4-5pm "Jnana Yoga: A Doorway to Freedom" Sumati Govinda
5:30-8pm "Gaining Momentum | Taking the Next Step in Your Yoga Practice" Chelsea Jackson

Tea Shanti Speakeasy- located near Head Quarters

8:45-9:45 "I've Got My RYT, Now What?" Rebecca Elsen *
10-12 "Creating Your Joy: Yoga and Mental Health" Annemarie Carroll *
12-1 Free Time
1-2:30pm "Yoga for Justice: Creating Space for Social Change" Namaslay-The Radical Healer *
3-4pm "CircleSongs" Nick Atlas *
4:30-6pm "Sacred Activism: A Dialogue on Healing and Social Justice"-with HawaH *
6:30-7:30pm "The Poetry of Yoga with HawaH"

Peoples Playground- under the trees in JamLand

10am "Slackasana Conditioning" with Rob Lenfesty & YogaSlackers
11-11:45am "Intro to Aerial Silks" with Host of Sparrows
10:30-12 "To Infinity and beyond!" with Justin Lowery
1PM "Slackasana Basics & Beyond" Rob Lenfesty & YogaSlackers
2pm "FLOW ZONE Hoop- Learning your Dance" *

Om Space-In the woods behind food vendors

8:30-9:30am "Sound Bath Meditations" Brien Egan *
10:30-12noon "Weed Walk" with Katherine Chantal *
12-12:45 "Dances of Universal Peace" with Kathryn Ashera Rose *
1-2pm "Sahyinidra: Johnny Stowe *
1-3pm "weed walk" Ryley Harris*
2:30-4pm "Sacred Geometry" Yamni Arts *
2pm "Dowsing with our Bodies" with Dawn Shriner *

Yoga Lounge-upper deck

10:30 12pm Tasty Raw Food / Raw Soups/ Demonstration JUDE TOSCANO *

KIDSVILLE- located under the colorful tents in BlissLand

10-11am "Family Yoga!" Jennifer Bayliss & Family *
11:30am-12:00 "Kids Yoga Dance Party" The Wheelers
12-1pm Free Time
1-1:45 "Children's Dance & Yoga" with Leia Jones
2-2:45 "Yoga with Nitya™ Kids" Ages 5-9
3-3:30pm "Kids Yoga" ages 5-10 Carmen Sanchez Yoga
4-5pm "Developing a Family Meditation Practice" Sarah and Jagadisha *
5:15-6pm "Children's Yoga Story Hours" with Satya Yoga

Art Village- located in JamLand

All Day Prayer Flag Creations
10-12pm Create your own Bee Shrine to honor the Bees! Marriott Sheldon
1-3pm Fairy House Building Workshop For All Ages with Leia Jones *

1-3pm "Make-your-own-mandala chalk-board" with Katherine Devine (adults only)
3:30-4:30 "Honeybee Love - Why are bees so special?" Marriott Sheldon

Stand Up Paddle Board Classes

Free 15 minute Introduction class 6x a day
Sign up at the Info Depot for a Yoga SUP class- class size limited to 6, 3-4 classes each day
Classes are \$10, not included in ticket price
Paddle Board Time in Pool-\$2 per session



MUSIC

YOJAM Main Stage- located in JamLand

2:30-3pm Egemen Sanli
4-5:15pm Dirk Quinn Band
6:30-7:45pm Sirsy
8:30-9:30pm Ben Hovey
10:30-12am Elephant Revival

Chakra Stage-next door to YOJAM Main Stage

3:15-4 Bigmama Joy
5:30-6:15 Seph Custer
8-8:20 Queen City Bitty Crew with DJ
9:30-10:30 Hustle Souls
12-12:45am DJ BAND

Radical Mini-Stage located in BlissLand near YOJAM Main Stage

11-11:30am Magic Peanut Puppets
9:15-10pm Dance Afire
10:30-11pm Fire and Light Show by the Yamni Arts Fire Dancers

Dance Hall Stage- located in Jamland in the water/beer/wine garden

10:15-11am Chico
11:15-12:15 Flirting with Chemicals
12:30-1:30pm Mathew Snare
1:45-2:30 Joy Truskowski

Fire Circle- located on Mountain behind BlissLand

8-10pm Community Music/Drum Circle
11pm- Drum Circle after sunset with Cave Man Jones



Midnight!!! Galactic Sound Bath Connection in Brahma Nirvana & Drumming at Fire Circle

*Denotes appropriate for All Levels