



# Floyd Yoga Jam 2017 Schedule

## Thursday 8/31

### Brahma Nirvana- tent located in BlissLand

6-7:30 Bhakti Kulani Concert \*

9-10:30pm "Glowga" Shelly Bullock and DJ nahyt-shayd \*

### Buddha Moon

10am-4pm WORKSOP "Awakening Through Love" David Newman (add on\$65) \*

4:30-6pm "Feel Good Flow" Rebecca Elsen \*

7:30-8:45pm "Yoga Harmony": Awakening the Elements with Live Acoustic Flow  
Becky (Tara) Eschenroeder and Christie Lenee

### Art Village

3-4pm Honeybee Love - Why are bees so special? with Marriot Sheldon

### Paddle Board Pool

CLOSED

### Dance Hall Stage - blue white tent located in Jam Land

5-6pm Flirting with Chemicals

6:30-7:30 Niiang

8-9pm Lonely Miles

9-9:30 Dance Afire

## Friday 9/1 Schedule

### Brahma Nirvana- tent located in Bliss Land

7-8am "Meditation for Everyone" Sumati Govinda \*

8:30-10am Yoga Mix Tape: A Restorative Vinyasa Flow with Chelsea Chelsea Jackson

10:30-12 Radical Healing: We are All Energetic Beings Namaslay- The Radical Healer

12-1 Free Time & Space

1-1:30 Opening Ceremony by Main Stage \*

2-4pm SPIRITUAL GRAFFITI: Finding Your True Path MC YOGI

4:30-6:30 "Shakti Rising" Katie Silcox

7-9pm "Harmonium & Sacred Chant Workshop" Amah Devi \*

9:30-10:30 - Mystical Kirtan with Mirabai Moon & amah Devi \*

12am Midnight "Galactic Sound Bath Connection" Brien Egan \*

### Buddha Moon- tent located in Bliss Land

7-8am "Instill Meditation" Joe Klein \*

8:30-10am "Pop Rocks" Kaelyn Rogers

10:30-12noon "Advanced Integral Hatha Yoga" Swami Asokananda

12-1pm Free Time & Space

1-1:30pm Opening Ceremony by Main Stage \*  
1:30-3pm "Bound and Free" Prana Vinyasa practice Twee Merrigan  
3:30-5:30 "Tapestry of Yoga" Jeff Tiebout  
6-7:15pm "Druminyasa Druminyasa" with Becky Eschenroeder & Brad Ellsworth  
6:30-8:30 Candlelight Yoga and Meditation with Chelsea Jackson \*

### **Shiva Love- tent located in Bliss land**

7-8am "Seeking the Light Within" Vipasana meditation with Thais \*  
8:30-9:45am "Yoga for Anxiety" with Jamie Martell \*  
10am-12 "Awakening the Beauty of Devotion" : A Traditional Style Chanting Workshop Jagadisha \*  
12-1pm Free Time & Space  
1-1:30pm Opening Ceremony by Main Stage \*  
1:30-3pm "Adventures in Asana" Jon Kameen  
3:30-5pm "Serpent Prana Dance" Leia Jones \*  
5:30-7pm "Anahata Yoga Flow" with Soraya Sanchez  
7:30-9pm "Breath Medicine: Pranayama the Kripalu Way" Ariele Foster

### **Ganesha- tent located in Bliss Land**

8:15-9:15am "Gentle Vinyasa Flow" Jennifer Turman Bayliss \*+  
9:30-10:30am "Acoustic Flow" with The Lucky Cats  
11-12noon "Dance Your Asana" Carmen Sanchez  
12-1 Free Time  
1-1:30 Opening Ceremony by Main Stage \*  
1:45-2:45pm "The Practice of Bhakti Yoga" Swami Asokananda  
3-4:30 "Balance from Within" Rukmini Ando  
5--6:30pm "Ground to Fly" (All Levels Vinyasa) with Live Music Ekaterina  
7-8:00pm "Lucid Dreaming & the Path to Freedom" Nick Atlas \*

### **Tea Shanti Speakeasy- located near Head Quarters**

9-10:30am "Aligning with Your Inner Light" with Rukmini  
11am-12noon "Raja Yoga: Hacking Happiness" with the Yoga Sutras Sumati Govinda  
2-3:30pm "Slowing Down, The Power of the Pause" Sandy Jahmi Burg \*  
4:15-6pm "Evoked Imagery" with Jessica Talley- Haynes \*  
6:15-8:15pm YOJAM Poetry Slam - All invited, sign up when you arrive.

### **Peoples Playground- under the trees in JamLand**

10am Slackasana Conditioning  
11-11:45 Intro to Aerial Silks with Host of Sparrows  
11-12 "Hoop Jam at Yoga Jam" Yamni Arts  
1:30pm Slackasana 101 Rob Lenfestey & YogaSlackers!  
3-3:45 Intro to Aerial Silks with Host of Sparrows

### **Om Space-in the woods behind food vendors**

8:30-9:30am "Sound Bath Meditations" Brien Egan  
10-11am "Herbs for Family Health" Katherine Chantal  
9:30-10:30am "Native Plant Walk" Lenna Frances Keefer  
1:30-3:30 "Walking Meditation" Grace Wood

### **Yoga Lounge upper deck**

10:30 12pm Tasty Raw Food / Raw Soups/ Demonstration JUDE TOSCANO

### **Healing Oasis**

Lecture 2-3pm "Awaken energy, emotions, and self-care with essential oils. yoga, and energy medicine with Pamela Hunter. At Fun Lovin Wellness Booth

### **KIDSVILLE- located under the colorful tents in BlissLand**

9:30-10:30am "Family Time Acro Yoga" Carolyn Keller Sells

11-12pm "Kids West African Djembé Drum Workshop" with Cave Man Jones

1:30-2:30pm "Kids Circle of Life" – Mandala Workshop with Satya Yoga

2:30-3:15pm "kids yoga" Soraya Sanchez

3:30-4:15pm "Little Hoopers" Yamni Arts

4:30-5:30 4pm "Galactic Child"- Stacey Vann ages 3-12

### **Art Village- located in JamLand**

Prayer Flag Creations All Day

10-12pm "Create your own Bee Shrine to honor the Bees!" Marriott Sheldon

2-3:30pm "Fairy House Building Workshop" For All Ages with Leia Jones

7:30-9pm "Bee Shrine Lighting Ceremony" Marriott Sheldon

### **Stand Up Paddle Board Classes**

Free 15 minute Introduction class 6x a day

Sign up at the Info Depot for a Yoga SUP class- class size limited to 6, 3-4 classes each day

Classes are \$10, not included in ticket price

Paddle Board Time in Pool-\$2 per session



## **MUSIC**

### **Main Stage- located in JamLand**

1:45-2:45 Wild Fire

3:45pm-4:45 Wayne Henderson & Helen White

6-7:30 David Newman

8:15-9:30 The Get Right Band

10:30-12am MC YOGI

### **Chakra Stage-next door to YOJAM Main Stage**

3-3:45 Jim Lord

4:50-5:50 Wynne Paris

7:30-8:15 Another Roadside Attraction

9:30-10:15 Lobo Marino

**Radical Mini-Stage located in BlissLand near YOJAM Main Stage**

8:30-9pm Dance Afire

11pm Host of Sparrows Aerial Circus Show

Roaming Fire Dancers

**Dance Hall Stage- located in Jamland in the water/beer/wine garden**

10-10:45-Egemen Sanli

11-11:45pm Soul Kirtan Shankari Bowmaster

12-1pm Little Shiver

**Fire Circle- located on Mountain behind BlissLand**

8-10pm Community Music/Drum Circle

11pm- Drum Circle after sunset with Cave Man Jones



**Midnight!!! Galactic Sound Bath Meditation in Brahma Nirvana & Drumming at Fire Circle**

\* Denotes class is appropriate for all levels